



Monday	Tuesday	Wednesday	Thursday	Friday
2 Morning Raisin Bran Afternoon Chex Mix American Cheese	3 Morning Life Cereal Craisins Afternoon Frozen Strawberries Snap Pea Crisps	4 Morning Pita Chips String Cheese Afternoon Goldfish Dried Cherries	5 Morning Cheez-Its Seaweed Afternoon Cheerios Fruit Snacks	6 Morning Life Cereal Raisins Afternoon Special K Cereal Yogurt
9 Morning Frozen Blueberries Yogurt Afternoon Goldfish Dried Apricots	10 Morning Cheez Its Fruit Snacks Afternoon Pretzels Seaweed	11 Morning Ritz Crackers American Cheese Afternoon Cheerios Dried Blueberries	12 Morning Wheat Thins Apple Chips Afternoon Pretzels String Cheese	13 Morning Multi Grain Crackers Dried Strawberries Afternoon Graham Crackers Craisins
16 Morning Cheerios Cranberries Afternoon Nutri-Grain Bars	17 Morning Lucky Charms Cereal Dried Mango Afternoon Wheat Thins American Cheese	18 Morning Sea Salt Crisps Seaweed Afternoon Cheez Its Raisins	19 Morning Graham Crackers Fruit Snacks Afternoon Chex Cereal Frozen Blueberries	20 Morning Cheerios Dried Mango Afternoon Goldfish Craisins
23 Morning Ritz Crackers Dried Apples Afternoon Special K Cereal Frozen Blueberries	24 Morning Chex Mix Seaweed Afternoon Raisin Bran	25 Morning Frozen Strawberries Yogurt Afternoon Nutri-Grain Bars	26 Morning Cheerios Dried Blueberries Afternoon Chex Mix American Cheese	27 Morning Life Cereal Raisins Afternoon Snap Pea Crisps String Cheese
30 Morning Frozen Blueberries Yogurt Afternoon Cheez-Its Dried Apricots	31 Morning Dried Strawberries Cheerios Afternoon Seaweed Snap Pea Crisps			

Special Notes	
***	Water is available to students at all times.
***	Snack menu is subject to change based on availability.
Serving Sizes	
Cereal	1/3 c.
Cereal w/Raisins	1/2 c.
Pretzels	3 lg/10 sm
Multigrain Crackers	2
Graham Crackers	1
Townhouse/Ritz/Club	3
Wheat Thins	8
Cheez-Its	14
Goldfish	20
Veggie Chips	11
Pita Chips	3
Veggie Straws	18
Pirates Booty	14
Special K Bars	2
Fruit Bars	1
Dried Fruit	1/6 c.
Frozen Berries	1/4 c.
Cheese	1
Fruit Snacks	1
Applesauce	1/4 c.
Greek Yogurt	1/2 c.
Banana/Apple Chips	8