

February

This year is already flying by! This month's theme is "Healthy Hearts", which will focus on healthy habits! We will also be doing a Valentine's week and focus on gross motor and movement for our afternoon enrichment.

For the first week of February, we will be exploring sports, exercise, and body parts. We will learn about soccer, football, baseball, and basketball. Our activities for literacy include matching uppercase letters to lowercase letters with a baseball theme and spelling our names with a basketball theme. For math and science, we will be mirroring sport sticker patterns, matching shapes, and sorting colored pom poms. The art center will have open ended art activities, like painting with balls and creating a basketball collage with tissue paper.

We're going to go crazy for love during the second week as it's all about Valentine's Day! We will be doing a fun experiment with conversation hearts, vinegar and baking soda for science, and we will be building heart towers for math! How tall is your tower going to be? For art, we will be using celery to make small heart prints and make lovebirds out of a paper plate. This week for enrichment, we will be focusing on movement with music! We will explore various types of music styles and play the floor is lava with polypots!

For the third week of February, we will focus on nutrition and the food pyramid. It is important that we learn how to take care of our bodies early in life. For literacy, we will use corn to outline the first letter of our names. Our science and math activities will include, making a graph of our favorite vegetables and answering the question "Will it float or sink?". We will test various fruits in a tub of water to find the answer. For art, we will make cereal bracelets, work on our fine motor skills, and make our own healthy parfaits with yogurt, granola, and fruit.

Our last week, we will be focusing on healthcare occupations including veterinarians. We will be observing and matching animal x-rays for science and trace heartbeat patterns with rocks for math. For art, we will be painting with watercolors using syringes in a tray, how fun! We will also make our very own germ: what will you name it? For enrichment, we will be focusing on gross motor. We will play a game of bowling with cups, learn how to control a ball for soccer and play a game of Monster Hop!

REMINDERS

- Label everything! We have many items that our friends may have as well.
- Do not forget to sign in/out
- Weather is changing! Please make sure backup clothes are appropriate.

HAVE YOU NOTICED?

Next to the sign in/out binder, there is a QR code to post reviews of CHALK Preschool! Let us know how much you love your teacher/school!

BIRTHDAYS



Oliver 2/19
Aiden 2/20

IMPORTANT DATES

Family Night- Feb 9th
Valentine's Day- Feb 14th
President's Day- Feb 20th
SCHOOL CLOSED

