



# August 2018



## Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 <u>Morning</u> Yogurt & Special K Cereal <u>Afternoon</u> Graham Crackers & Bananas	3 <u>Morning</u> Rice Chex & Dried Mangoes <u>Afternoon</u> Crackers & Fruit Snacks
6 <u>Morning</u> Cinnamon Crackers & Apple Chips <u>Afternoon</u> Goldfish & Dried Fruit	7 <u>Morning</u> Rice Chex & Craisins <u>Afternoon</u> Graham Crackers & Frozen Fruit	8 <u>Morning</u> Wheat Thins Dried Apricots <u>Afternoon</u> Nutri-Grain Bars	9 <u>Morning</u> Cinnamon Crackers & Frozen Fruit <u>Afternoon</u> Bean & Veggie Crackers Apples	10 <u>Morning</u> Yogurt & Cinnamon Crackers <u>Afternoon</u> Snap Pea Crisps & American Cheese
13 <u>Morning</u> Wheat Thins & Swiss Cheese <u>Afternoon</u> Nutri-Grain Bars	14 <u>Morning</u> Mini Wheats & Raisins <u>Afternoon</u> Pita Chips & String Cheese	15 <u>Morning</u> Pretzels & Hummus <u>Afternoon</u> Cheddar Crackers & Applesauce	16 <u>Morning</u> Yogurt & Special K Cereal <u>Afternoon</u> Graham Crackers & Bananas	17 <u>Morning</u> Rice Chex & Dried Mangoes <u>Afternoon</u> Crackers & Fruit Snacks
20 <u>Morning</u> Cinnamon Crackers & Apple Chips <u>Afternoon</u> Goldfish & Dried Fruit	21 <u>Morning</u> Rice Chex & Craisins <u>Afternoon</u> Graham Crackers & Frozen Fruit	22 <u>Morning</u> Wheat Thins Apricots <u>Afternoon</u> Nutri-Grain Bars	23 <u>Morning</u> Cinnamon Crackers & Frozen Fruit <u>Afternoon</u> Bean & Veggie Crackers Apples	24 <u>Morning</u> Yogurt & Cinnamon Crackers <u>Afternoon</u> Snap Pea Crisps & American Cheese
27 <u>Morning</u> Wheat Thins & Swiss Cheese <u>Afternoon</u> Nutri-Grain Bars	28 <u>Morning</u> Mini Wheats & Raisins <u>Afternoon</u> Pita Chips & String Cheese	29 <u>Morning</u> Pretzels & Hummus <u>Afternoon</u> Cheddar Crackers & Applesauce	30 <u>Morning</u> Yogurt & Special K Cereal <u>Afternoon</u> Graham Crackers & Bananas	31 <u>Closed for Institute Day</u>

**Special Notes**  
 \*\*\* Water is available to students at all times.  
 \*\*\* Snack menu is subject to change based on availability.

**Serving Sizes**

- Cereal 1/3 c.
- Cereal w/Raisins 1/2 c.
- Pretzels 3 lg/10 sm
- Multigrain Crackers 2
- Graham Crackers 1
- Townhouse/Ritz/Club 3
- Wheat Thins 8
- Cheez-Its 14
- Goldfish 20
- Veggie Chips 11
- Pita Chips 3
- Veggie Straws 18
- Pirates Booty 14
- Pub Mix 1/2 c.
- Chex Mix 1/2 c.
- Sea Salt Crisps 14
- Tortilla Chips 11
- Fruit Bars 1
- Dried Fruit 1/6 c.
- Frozen Berries 1/4 c.
- Cheese 1
- Fruit Snacks 1
- Applesauce 1/4 c.
- Greek Yogurt 1/2 c.
- Apple Chips 8

